



PARENTS CODE OF CONDUCT

BMX in the Western Cape is a volunteer run organisation that is dedicated to promoting the sport of BMX racing. We believe BMX is a great sport that teaches individuals the importance of hard work, commitment, and dedication through the practice of skills and the application of these skills in a competitive environment. The nurturing, developing of these skills by parents, older siblings and other adults, increase the self-esteem, health and wellbeing of the rider.

It is the intention of this Code to promote Good Sportsmanship and respect for all participants within the Association. All parents and or Guardians accept this Code in order to participate at any event sanctioned by Western Cape BMX, whether as a racer, spectator or extended family member, and must continue to observe the principles of Good Sportsmanship.

- I will not force my child to ride and or compete in BMX.
- I will support my child's desire to ride BMX, offer encouragement and take an interest in them and their club.
- I will remember that my child rides for his or her enjoyment, not mine.
- I will encourage my child to ride by the rules and to resolve conflict without resorting to hostility or violence.
- I will teach my child that doing one's best is as important as winning so that my child will never feel defeated by the outcome of the race.
- I will make my child feel like a winner every time, by offering praise for competing fairly and hard.
- I will never ridicule or yell at my child for making a mistake or losing a race.
- I will remember that children learn by example, I will applaud good riding and performances by both my child, and their opponents.
- I will not use profanity, abusive language or threatening behaviour towards any rider, parent, or track official.
- I will respect and show appreciation for the broader BMX community and the volunteers who give their time to BMX for my child, at the track, in person and in Social Media.
- I will not condone the athletic use of alcohol, drugs or banned performance enhancing substances.
- I will support all efforts to remove verbal and physical abuse from BMX racing.