



RIDERS CODE OF CONDUCT

BMX in the Western Cape is a volunteer run organisation that is dedicated to promoting the sport of BMX racing. We believe BMX is a great sport that teaches individuals the importance of hard work, commitment, and dedication through the practice of skills and the application of these skills in a competitive environment. The nurturing and development of these skills increase the self-esteem, health and wellbeing of the rider.

It is the intention of this Code to promote Good Sportsmanship and respect for all participants. All riders accept this contract, stating that they will observe the principles of the Code of Conduct in order to participate in any event sanctioned by Western Cape BMX.

- I will ride because I want to, not because my parents or others want me to.
- I will ride for FUN! And be proud of being a BMX rider.
- I will ride by the rules and in the spirit of the race.
- I will control my temper – fighting or ‘mouthing –off’ can spoil the activity for everyone.
- I will respect my competitors, at the track, in person and on Social Media.
- I will respect the broader BMX community, at the track, in person and on Social Media.
- I will remember that winning isn’t everything – that having fun, improving skills, making friends and doing my best are also important.
- I will treat all spectators and participants with respect and avoid negative criticism.
- I will acknowledge all good racing and performances - those of my fellow members and my opponents.
- I will lead by example and always demonstrate good sportsmanship before and after races.
- I will respect the track volunteers and officials and their authority during races and practices. I will remember that they are there to help me. I will accept their decisions and show them respect, at the track, in person and on Social Media.
- I will respect all facilities and equipment made available.
- I will not use profanity, abusive language or threatening behaviour towards any rider, parent, or track official.
- I agree to abide by the rules, regulations and decisions as set from time to time by Cycling South Africa, NBMXSA, the Western Cape BMX Commission and Associated BMX clubs.